

MID PENN GIRLS' LACROSSE GUIDELINES-2015

I. Length of contest

- A. Varsity games will consist of two (2) twenty-five (25) minute halves. Modify Rule 4-7 (PIAA) overtime procedures, when the score is tied at the end of the regular playing time during Regular Season Contests, the winner will be decided on a "sudden victory" stop clock overtime of no more than six minutes in length with the team changing ends after 3 minutes, with no delay in coaching. If the six minute overtime "sudden victory" stop-clock overtime expires without a goal, the game remains a tie.
- B. If a Varsity game goes into overtime, the JV game time may be altered upon agreement of both coaches and officials.
- C. Forty (40) minutes, 80% of the game, of actual playing time will constitute a complete game.
- D. If a game is suspended, then resumes on the same day, the game resumes from the point of the suspension. If a game is suspended and cannot continue on the same day, the game will be played from the beginning.
- E. A Varsity game declared a contest will not necessitate rescheduling the JV game.
- F. JV games will follow the Varsity game and consist of two (2) twenty (20) minute halves. If a tie exists at the end of regulation, the game will end in a tie.
- G. Half-time will be ten (10) minutes at all levels, but can be less upon agreement of both coaches prior to the start of the game.

II. Uniforms

- A. The home school will wear white or light colored uniforms and socks. The visitors will wear dark colored uniforms and socks. If there is an issue with uniforms, the home team will wear scrimmage vests.

III. Participation

- A. All participating schools must abide by the eligibility rules as stated in the PIAA Constitution and the Mid Penn Constitution and By-laws.

IV. Officials

- A. Officials shall be PIAA approved.
- B. Two (2) PIAA officials shall be assigned for every game. A varsity game may not start without an official.
- C. JV games may be played with one (1) official.

V. Game Operations

- A. The National Federation Girls' Lacrosse rules, as approved by the PIAA shall apply.
- B. Recommended starting times – All afternoon games should start no earlier than 4:00 P.M. Mid Penn Conference recommended start time is 4:15 P.M.
- C. Game balls must have the NFHS or NOCSAE seal on them. Game balls must be yellow or bright orange.

- D. All goals will count as one point.
- E. The home team will provide an official timer that is an adult or faculty member. The home team will be the official scorekeeper unless the officials declare otherwise. Each team will furnish its own clock for each game.
- F. It is also highly recommended that an adult or faculty member from the home school keep time at a JV game.

VI. Divisional Championship

This will be decided on the basis of overall record and head-to-head competition.

If there is a tie for the Divisional Championship, the Mid Penn Conference will declare Co-Champions **and**

The Divisional representative in the Mid Penn Tournament will be determined by head-to-head competition.

- In the event of a three way tie:
 1. Head-to-Head competition records will be reviewed and the team with the best head-to-head record will be the division representative.
 2. The team with the highest District 3 Power Rating will be the division representative.

VII. Mid Penn Championship

- A. The top two teams will play to determine the overall Mid Penn Champion.
 - The Finals will be played on May 7, 2015 at 5pm at Central Dauphin's Landis Field @ Speed Ebersole Stadium @ 5:00pm
 - The Keystone Division winner will be the visiting team and the Commonwealth Division winner will be the home team.

VIII. Determining entry into the District III Tournament

- A. District III will have a 16 team bracket based on Power Ratings. The cut-off date for games to count in the Power Ratings will be Wednesday May 6, 2015.
- B. District III Tournament Schedule
 1. Round 1-May 12, 2015 at the site of the higher seed
 2. Quarterfinals-May 14, 2015 at 5pm or 7pm-Sites predetermined
 3. Semi-Finals-May 19, 2015 at 5pm or 7pm-Sites predetermined
 4. Championship-May 21, 2015 at 5pm at Hersheypark Stadium

IX. Postponement of Contests

- A. The home school shall decide if a game is to be played or postponed. It should be rescheduled on the first available date. Saturdays will be considered an available date.
- B. Once a game has started, the game officials will make the decision regarding the termination of play.

X. Reporting Games to the Media

- A. The home team should report scores to the news media. It would be helpful if everyone contacted the Harrisburg Patriot-News prior to 9:00 P.M.
Phone: 255-8180 or 1-800-692-7207 Fax: 257-4747
E-mail: scoreline@pnco.com
- B. Please include scoring information from both teams with player's names, position and goal(s) scored/assists or goalie saves.
- C. Have the overall and league record for your team.
- D. If you are unable to report the score to the paper, please inform the visiting team so that they can call the score into the paper.

XI. All-Star Selection Process

- A. Final approval of all-stars will be made by at the meeting at the end of the season. A most valuable player will be selected by the coaches.
1. Criteria
 - All-star is a player who best exemplifies all the qualities of an outstanding individual/athlete.
 - Sportsmanship – the player's conduct on and off the field, attitude and behavior toward officials, opposing coaches and players will be considered.
 - Skill level – this player shall be a top quality athlete who possesses a high level of lacrosse skills and plays the position very well.
- B. An email will be sent to each head coach by the Lacrosse chairman requesting each coach to nominate players from their own team to be recognized as an All-Star player.
- C. The Lacrosse chairman will collate all nominees to a ballot and prepare for the All-Star meeting
- D. Each category will be comprised of a 1st team, 2nd team and honorable mention selections. Categories will be as follows:
- a. Attack-4 Total of 12
 - b. Mid-Fielder-3 Total of 9
 - c. Defense-4 Total of 12
 - d. Goalie-1 Total of 3
- G. All-Star Coaches Meeting
1. There will be a mandatory Head Coaches meeting at the end of the season. Meeting will take place on May 13, 2015 at 6pm at Hershey High School
 2. If the Head Coach is not present at the meeting, their team players will not be eligible for the All-Star Team. Exceptions will be:
 - Family Emergency in which a call was made to the lacrosse chairperson (John Confer)