

**2018-2019 MID PENN
SWIMMING & DIVING GUIDELINES
BOYS AND GIRLS**

LENGTH OF CONTEST

- Recommended starting time is 4:00 PM, however, the home team may set a start time that may be dictated by the use of the facility.

UNIFORMS

- All Swimmers shall wear suits in accordance to National Federation rules.

SCHEDULES

- The Sports Chairperson/Committee will provide schedules for a two (2) year cycle.

OFFICIALS

- Meets should be administered by a sufficient number of PIAA officials needed to properly conduct a meet.
- It is recommended that 4 officials be used for a meet.
- The host school will provide adults to serve as scorer and announcer for competitions.

MEET OPERATION

- National Federation rules apply.
- PIAA rules modifications also apply.
- The home school furnishes all personnel to run the meet with the exception of back-up timers. The visiting team shall provide back-up timers for their lanes.
- Visiting teams shall have choice of odd or even lanes (you are encouraged to communicate with opposing coach for preparations purposes.
- Home team decides who goes first in a double dual meet - boys or girls.
- Swimmers shall be permitted a warm-up during the calculation of the diving results.
- Starting times should be set so there is a minimum of one (1) hour warm up before the start of the meet.

-Diving Competition

- The number of entries shall be the same as in the swimming events for the meet.
- The diving event shall count as one (1) of the individual event entries permitted a competitor.
- Each diver must submit a signed, written description of the dives to be performed prior to the start of the diving competition.
- In dual meets the performance of one (1) voluntary dive (as indicated in the rulebook) and five (5) optional dives are necessary.
- In championship meets the performance of five (5) - required dives and six (6) optional dives must be performed.
- The host school shall provide judging flash cards or automatic dive pads for the officials.

-Equipment for Swimming Events

- All necessary equipment shall be provided by the host school and maintained in proper working condition throughout the competition.
- Recall device shall be provided.
- Backstroke flag lines shall be provided.
- A visual lap-counting system for the 500 yard freestyle event shall be required for each lane.
- A scoring device should be visible to contestants and spectators, and/or the score should be announced at regular intervals throughout the meet.

-Swimming Facility

- Schools must provided (where possible) a regulation twenty-five (25) yard course and a regulation one (1) meter diving facility.
- When existing facilities fail to meet the safety standards as outlined by the National Federation and the PIAA, the home team shall forfeit all points to the visiting team for that event.

-Order and Length of Events

Boys and Girls events for all meets are as follows:

- 200 yard medley relay
- 200 yard freestyle
- 200 yard individual medley
- 50 yard freestyle
- 1 meter diving
- 100 yard butterfly
- 100 yard freestyle
- 500 yard freestyle
- 200 yard freestyle relay
- 100 yard backstroke
- 100 yard breaststroke
- 400 yard freestyle relay

-Scoring

Article 1...Individuals and relay teams must complete an event to be eligible to place and score points. A competitor who is disqualified from an event shall not be eligible to score points in that event, except when disqualified during a swim-off.

(Clarification of Non-Swim Schools)

Article 2...In dual meets, double duals, or triple duals, points are awarded for place as follows:

- a. maximum of two entries per team;
Relays: 6-3-1-0;
Individual Events: 4-3-1-0;
- b. maximum of three entries per team;
Relays: 8-4-2-0
Individual Events: 6-4-3-2-1-0
- c. maximum of four entries per team;
Relays: 10-5-3-0
Individual Events: 8-6-5-4-3-2-1-0;
- d. double dual/triple dual: scoring will follow entries per team as listed under dual meets.
- e. only two relay teams may score for each team in each relay event;
NOTE: By prior mutual consent, any of the above scoring systems may be used in any dual, double-dual or triple-dual meet. If agreement on scoring systems cannot be reached, the system in 7-1-2(b) will be used.
- f. triangular meets with two or more entries per team per event; scoring shall follow 7-1-3a; only two relay entries per team shall be scored.

Divisional Champions

-Divisional Champions will be determined by their won/loss record. If a tie exists, co-champions will be recognized.

Postponements of Meets

-When a meet is postponed, it should be rescheduled on the first available date.

Report to the Media

-The home team should report scores to the news media. It would be helpful if each school contacted The Patriot News, Harrisburg.

Conference Championship Meet

-Mid Penn Conference Swimmers must qualify to swim in the Mid Penn Conference Swimming Championships provided they can produce documentation to support the fact that during the current high school season they swam an official PIAA race in, or faster than, the guidelines. The guidelines time does not guarantee entry into the meet. The number of participants will be based on the **Top 32 times** for Relay events and the **Top 32 times** or individual events. Each team shall be permitted to enter a maximum of 2 relays in the relay events and 4 individuals in the individual events.

-The Qualifying Times will be re-evaluated at least annually by a Committee selected and led by the Mid Penn Swimming and Diving Chairperson.

-The Mid Penn Conference meet is a **NO ADD MEET**. If you scratch someone at the scratch meeting, you may not add any swimmers.

-Admission is \$6.00 for adults and \$4.00 for students.

Scoring

- In championship meets scoring for sixteen (16) places
- Relays - Double the individual possible points.
- Individual Events - 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Awards

- The top eight (8) finishers in each event at the Conference meet receive Mid Penn Conference medals.
- There will be **NO RIBBONS**.