

**Mid Penn Conference
Junior High Alignment
7th – 8th – 9th
Junior Varsity & Varsity Teams**

FALL SPORTS

Cross Country – Boys' & Girls'				
Pod 1	Pod 2	Pod 3	Pod 4	Pod 5
Central Dauphin	Bishop McDevitt	Big Spring		
CD East	Cedar Cliff	Boiling Springs		
Hershey	East Pennsboro	Carlisle		
Lower Dauphin	Mechanicsburg	Chambersburg		
Middletown	Northern	Cumberland Valley		
Milton Hershey	Red Land	Greencastle-Antrim		
Palmyra	Susquehanna Twp	Shippensburg		
	Trinity	Waynesboro		

***No Changes**

Field Hockey				
Pod 1	Pod 2	Pod 3	Pod 4	Pod 5
Central Dauphin	Big Spring	Camp Hill		
<i>Cumberland Valley</i>	Boiling Springs	<i>Carlisle</i>		
Hershey	<i>CD East</i>	Cedar Cliff		
Lower Dauphin	Chambersburg	East Pennsboro		
Middletown	Greencastle-Antrim	Mechanicsburg		
Milton Hershey	Shippensburg	<i>Mifflin County</i>		
Palmyra	Waynesboro	Northern		
Susquehanna Twp	<i>West Perry</i>	Red Land		

***Teams that changed pods – Cumberland Valley, CD East, Carlisle, and West Perry**

***Added Mifflin County**

Football (follows high school varsity schedule)			
CAPITOL	COLONIAL	COMMONWEALTH	KEYSTONE
Boiling Springs	Big Spring	Altoona	Bishop McDevitt
Camp Hill	Greencastle	Carlisle	Cedar Cliff
East Pennsboro	James Buchanan	Central Dauphin	Hershey
Middle town	Mifflin County	CD East	Lower Dauphin
Milton Hershey	Northern	Chambersburg	Mechanicsburg
Palmyra	Shippensburg	Cumberland Valley	Red Land
Steel-High	Waynesboro	Harrisburg	Susquehanna Twp
Trinity	West Perry	State College	

***No Changes**

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WINTER SPORTS

Basketball – Boys' & Girls'				
Pod 1	Pod 2	Pod 3	Pod 4	Pod 5
Central Dauphin	Camp Hill	Big Spring		
CD East	Carlisle	Boiling Springs		
Hershey	Cedar Cliff	Chambersburg North		
Lower Dauphin	East Pennsboro	Chambersburg South		
Middletown	Good Hope	Eagle View		
Mifflin County	Mechanicsburg	Greencastle-Antrim		
Milton Hershey	Northern	James Buchanan		
Palmyra	Red Land	Shippensburg		
Steel-High		Waynesboro		
Susquehanna Twp		West Perry		

*Changed from 4 pods to 3 pods

*Added Mifflin County

Wrestling (follows high school varsity schedule)			
CAPITOL	COLONIAL	COMMONWEALTH	KEYSTONE
Bishop McDevitt	Big Spring	Carlisle	CD East
Camp Hill	Boiling Springs	Central Dauphin	Cedar Cliff
East Pennsboro	Greencastle	Chambersburg	Hershey
Middletown	James Buchanan	Cumberland Valley	Lower Dauphin
Milton Hershey	Shippensburg	Harrisburg	Mechanicsburg
Palmyra	Waynesboro	Mifflin County	Northern
Susquehanna Twp	West Perry	State College	Red Land
Trinity			

*No Changes

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SPRING SPORTS

Soccer – Boys' & Girls'

Pod 1	Pod 2	Pod 3	Pod 4	Pod 5
Central Dauphin	Big Spring	Camp Hill		
CD East	Boiling Springs	Cedar Cliff		
Hershey	Carlisle	East Pennsboro		
Lower Dauphin	Cumberland Valley	Mechanicsburg		
Middletown	Chambersburg	Northern		
Milton Hershey	Mifflin County	Red Land		
Palmyra	Shippensburg	West Perry		
Susquehanna Twp	Waynesboro			

Track & Field – Boys' & Girls'

Pod 1	Pod 2	Pod 3	Pod 4	Pod 5
Central Dauphin	Big Spring	Cedar Cliff		
CD East	Boiling Springs	East Pennsboro		
Hershey	Chambersburg	<i>Middletown</i>		
Lower Dauphin	Cumberland Valley	Northern		
Milton Hershey	Greencastle-Antrim	Red Land		
Palmyra	Waynesboro	Susquehanna Twp		
Steel-High				

*Team that move pods - Middletown

Volleyball – Girls'

Pod 1	Pod 2	Pod 3	Pod 4	Pod 5
Carlisle	Big Spring			
Cedar Cliff	Boiling Springs			
Cumberland Valley	Chambersburg North			
Hershey	Chambersburg South			
Mechanicsburg	Greencastle-Antrim			
<i>Mifflin County</i>	James Buchanan			
<i>Milton Hershey</i>	Shippensburg			
Northern	Waynesboro			
Red Land	West Perry			
<i>Steel-High</i>	<i>Trinity</i>			

*Changed from 3 pods to 2 pods

*Added Mifflin County, Milton Hershey, Steel-High to Pod 1 and moved Trinity to Pod 2.