

Starter/Referee Duties for Cross-Country Meets

- 1. Report to the Meet site 30 to 45 minutes prior to the Start of the first race.
- 2. Find the location of the Starting line and Finishing line and make sure they are adequately marked or lined.
- 3. Review or become familiar as best you can with the layout of the course.
- 4. Meet with the home team coach to review how the course is marked and determine if there are any irregularities about the course you or the visiting team(s) should be aware, (#3 could also be done at this time) and verify the starting time(s) and which race will be run first (boys or girls) or if the races will be run at the same time.
- 5. Check in with the visiting coaches to make sure their athletes have had the chance to walk the course and if they will be warmed up and ready to start at the assigned starting time.
- 6. Meet with the Coaches and Captains 20 minutes before the start of the first race to answer questions, review any special rules of the Course and read the Sportsmanship message and determine starting block assignments if used.
- 7. Fifteen minutes before the start of each race, check in the athletes at the starting line, check uniforms and give your starting instructions and place the athletes at the starting line in the order agreed upon.
- 8. Start the race and watch for any infraction in the first 100 to 300 yards of the race and the last 100 to 300 yards of the race, if possible.
- 9. Be at the Finish line at the end of the race to pick any close finishes.
- 10. Review the order of finish as recorded on the scoring sheets and verify that the team score(s) are correct and that the displacers were properly recorded.
- 11. Sign, date and record the time you verified the final score and places on the Score Sheets.