

## 2022-23 Spring Sportsmanship Winners

### **Baseball**

Commonwealth--Chambersburg  
Keystone--Mechanicsburg  
Colonial--James Buchanan  
Capital--Susquehanna Township

### **Softball**

Commonwealth--Cumberland Valley  
Keystone--Lower Dauphin  
Colonial--James Buchanan  
Capital--Camp Hill

### **Boys Track & Field**

Commonwealth--Chambersburg  
Keystone--Mechanicsburg  
Colonial--Big Spring  
Capital--Northern

### **Girls Track & Field**

Commonwealth--Altoona  
Keystone--Mechanicsburg  
Colonial--Boiling Springs  
Capital--Northern

### **Boys Lacrosse**

Commonwealth--CD East  
Keystone--Gettysburg

### **Girls Lacrosse**

Commonwealth--CD East  
Keystone--Hershey

### **Boys Volleyball**

Commonwealth--Carlisle  
Keystone--Cedar Cliff

### **Boys Tennis**

Commonwealth--Central Dauphin East  
Keystone--Mechanicsburg  
Colonial--James Buchanan