

MID PENN VOLLEYBALL GUIDELINES

2023-2024

I. Length of contest

- Each conference Varsity Match will consist of five (5) games using rally scoring.
 - A team scoring twenty-five (25) points with a minimum of two (2) points separating the teams in scoring is the winner of the first four (4) games.
 - A team scoring fifteen (15) points with a minimum of two (2) points separating the teams in scoring is the winner of the fifth game.
 - The winner of the match will be the team that wins three (3) games.
- Each conference JV Match will consist of three (3) games using rally scoring.
 - A team scoring twenty-five (25) points with a minimum of two (2) points separating the teams in scoring is the winner of the first two games.
 - A team scoring fifteen (15) points with a minimum of two (2) points separating the teams in scoring is the winner of the third game.
 - The winner of the match will be the team that wins two (2) games.
- Each conference Junior High/Middle School Varsity and JV Match will consist of three (3) games using rally scoring.
 - A team scoring twenty-five (25) points with a minimum of two (2) points separating the teams in scoring is the winner of the first two games.
 - A team scoring fifteen (15) points with a minimum of two (2) points separating the teams in scoring is the winner of the third game.
 - The winner of the match will be the team that wins two (2) games.

II. Uniforms

- Teams should be outfitted as alike as possible.
- The Libero must clearly contrast with the rest of his/her teammates and conform to all other uniform rules.
- Numbers must be on the front and back of all uniforms worn by the players.

III. Participation

- All participating schools must abide by the eligibility rules as stated in the PIAA Constitution and the Mid Penn Constitution and By-Laws.

IV. Officials

- Two (2) PIAA certified officials will be assigned by the Mid Penn Conference Assigner.

V. Game Operations

- 6-7-7 warm-up times (with an OPTION of 5-5-5-5 or 4-8-8 if predetermined by both coaches)
- The National Federation Volleyball rules, as approved by the PIAA, shall apply.
- Recommended starting time for senior high matches is **5:30 pm** and for junior high/middle school is **4:00 pm**. Any time change is by mutual consent of the schools.
- Contests involving both Varsity and JV Teams from both schools may be played either simultaneously or separately, the choice being made by the host school.
- In accordance with NFHS Rule 9, Section 1, Article 2, teams will remain on the same side of the court for the duration of the match. Home team selects their side. The only exception to this would be if there is a distinct competitive advantage by not switching. ie: items hanging down from one side of the gym, sunlight, or other. Consideration may be made to switch sides if this is the case and is agreed upon by the home/host team.
- Officials will beckon captains and coaches for the pre-game conference as soon as the court is cleared from the previous match, usually the JV match. Failure to appear promptly will result in an Unnecessary Delay, a warning. If the team has not appeared by the time the Unnecessary Delay is recorded, a second Unnecessary Delay will be assessed, resulting in a loss of rally/point.
- Host School's Responsibilities:
 - Supply NFHS approved leather games balls, lightweight, in excellent condition and inflated with prescribed poundage.
 - Furnish official scorebooks or score sheets, pencils, a timing device, one libero tracker, one (1) scorer and timer per team, per match.
 - Provide courts that are official in size and line markings. Any deviations should be reported prior to the start of the sports season.
 - Provide a visible scoreboard.
 - Supply a structure from which the officials can view the game clearly.
 - Provide practice balls for BOTH teams.
 - Provide flags for the line persons to use.
- Visiting School's Responsibilities: furnish one (1) scorer per match

VI. Postponement of Contests

- Postponed matches will be rescheduled for the first available playing date, mutually agreed upon by the schools.

VII. Divisional Championship

- Divisional Champions will be determined by win/loss record. If there is a tie, then Co-Champions will be named. (winning percentage)
- To be eligible for a Championship, a team must play 50% or more of the games scheduled in their division.

Revised July, 2023

VIII. Mid Penn Conference Championship

- The Conference **WILL NOT** sponsor an end of the year tournament.

IX. Determining entries into the District III Tournament

- District III will use a Power Rating System to determine entries into the tournament.

X. Reporting Results to the Media

- The home team should report results to the news media.

XI. All-star Selection Process

- The Volleyball Chairperson will host a coaches meeting or email campaign at the end of the season to select all-stars.
- It is the expectation and responsibility of all teams and their head coach to participate in this process.

XII. NFHS Points of Emphasis

- [2023-2024 Points of Emphasis](#)
- Coaching Protocols and Jewelry Allowances Highlight 2023-24 Rules Changes

XIII. Rule Points of Emphasis for this year

- NFHS [2023-2024 Points of Emphasis](#)

XIV. Rule Changes Coming in the Future:

- n/a